

## R5 - Read, Retreat, Rest, Relax, Recuperate

28<sup>th</sup> December 2024 – 2<sup>nd</sup> January 2025

*Please read in conjunction with other info in your arrival pack*

### Saturday

From 3pm

6.30pm

7pm

arrivals

Fat Pigeon bar open

Supper

6.30pm

7pm

8.30pm Tue

Fat Pigeon bar open

Supper

New Year's Eve  
meditation

### Sunday - Wednesday

8.30am

9am

12.30pm

4pm

Morning prayers

Breakfast

Lunch

Tea

### Thursday

8.30am

9am

10.30am

Morning prayers

Breakfast

Last departures

**See separate sheet for current protections re Covid-19**

... and we still have the no clergy shop talk House Rules too 😊

### Where things happen

**All meals plus afternoon tea & cake** in the **Pound House**

Please help yourselves to hot drinks in the Long Barn guest kitchen any other time

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box,

**Prayers** in the upstairs Chapel of Mary, Martha and Lazarus  
(please wear a mask)