

R5 - Read, Retreat, Rest, Relax, Recuperate

13th – 18th October 2024

Please read in conjunction with all other info in your welcome pack

Sunday

From 3pm	Arrivals
6.30pm	Fat Pigeon bar open
7pm	Supper

5pm	Community prayers
6.30pm	Fat Pigeon bar open
7pm	Supper

Monday to Thursday

8am	Community prayers [Tue – Eucharist]
8.30	Breakfast
12.30pm	Lunch
4pm	Tea

Friday

8am	Community prayers
8.30am	Breakfast
10am	Last departures

Covid protections: please read the separate info sheet

... and yes we still have the no clergy shop talk House Rules too 😊

Where things happen

All meals plus afternoon tea (with cake) in the Pound House Dining Room
Please help yourselves to refreshments in the Long Barn guest kitchen or Pound House dining rooms drinks area at any other time

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box

Community Prayers in the upstairs Chapel of Mary, Martha and Lazarus
Please wear a face mask if you join us for Community prayers

Artist in residence – Sue Ashby Davies will be in the Art Shed 9.30am – 12noon each day with ideas and encouragement if you want to drop by.

Labyrinth facilitation – Clare Callanan will be leading a group walk. Introduction starts 2pm on Wednesday in the Long Barn